

Module 3: Autism and the Individual

Difficulties and Restricted Interests that People with Autism May Experience in Social Imagination:

- People with autism are often very reliant on routine to manage their day to day lives.
- Many people and children with autism have difficulty in coping with unexpected changes.
- Transitioning from one task to another can also be difficult for people and children with autism.
- People with autism can be very resistant to changes in their routine and may rely on visual prompts to manage those changes.
- Uncertainty about what's coming next or an unexpected change in routine can result in anxiety and drive challenging behaviours.
- People with autism may have very restricted interests and can fixate on a particular object or area of interest.
- People with autism find it difficult to predict how their behaviours will impact on another individual.
- Have difficulty in understanding how others think, feel and react.
- Problems with predicting actions or events in the future.
- Difficulties with new or unfamiliar situations.
- Difficulties in understanding concepts such as danger or threat.
- This is why many children and people with autism are reliant on routine and schedules as they remove the necessity for social imagination.