

## Module 4: Autism and the Family

### Parents React in Different Ways to an Autism Diagnosis for One of Their Children:

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- Some parents are relieved that they finally have a confirmed diagnosis and can now plan on how to deal with what comes next.
- Some parents focus very quickly on securing services and entitlements as they immerse themselves in “doing things” to help them deal with the diagnosis.
- Some older children and adults who may have High Functioning Autism and did not receive a diagnosis in their early lives can be relieved to finally receive a diagnosis that makes sense of how they had been feeling for many years.
- Other parents need time to grieve, readjust and refocus as they come to terms with the diagnosis.

