

Module 6: Sensory Processing and The Sensory Environment

Hypersensitivity:

Many people with autism describe how **hypersensitivity** can be overwhelming and they can experience huge discomfort, nausea and physical pain as a result of the condition.

- Hyper-hearing
 - o Overly sensitive to certain sounds or all sounds.
- Hyper-smell
 - o Difficulties tolerating odours and smells.
- Hyper-taste
 - o Difficulties tolerating flavours and textures of foods.
- Hyper-touch (tactile):
 - o Touch – any contact with skin.
- Hyper-vision:
 - o Tolerance for light and colours



Hypersensitivity