

MODULE 7

Sensory Issues and Autism

Remember people with autism can be:

Hyposensitive

The person is under-reactive to sensory stimuli and may seek out sensory stimuli.



Hypersensitive

The person can be overly reactive to sensory stimuli.



Let's look at just some of the ways that Sensory Difficulties can affect the lives of people with autism:

1. They may have difficulties in transitioning from one place to another due to sensory concerns.
2. People with autism can be compromised in experiencing daily life because of their sensory issues.
3. Exposure to a difficult sensory environment can lead to increased levels of anxiety and stress.
4. An unsuitable sensory environment can directly affect concentration levels
5. Sensory processing problems can drive outbursts and challenging behaviour
6. Over-exposure to sensory information can lead to meltdowns
7. Sensory seeking can lead to self-injurious behaviour.