

# QUICK GUIDE

## Autism Terminology

### AUTISM SPECTRUM

The "Autism Spectrum" is a range on which the severity of the main traits of autism are measured.

### THE TRIAD OF IMPAIRMENTS

These are the 3 main areas where people with autism experience difficulties.

1. Social Interaction
2. Communication
3. Restricted Interests and Repetitive Behaviours

### ON THE SPECTRUM

This refers to someone who has an autism spectrum disorder (ASD). Effectively it means that the person has autism.

### What does **A.S.D** Stand For

- A** - Autism
- S** - Spectrum
- D** - Disorder

### What does **AS** Stand For

- A** - Asperger
- S** - Syndrome

### What does **H.F.A** Stand For

- H** - High
- F** - Functioning
- A** - Autism

### HYPOSENSITIVE

The person under reactive to sensory stimuli and may seek out sensory stimuli.

### HYPERSENSITIVE

A person who is overly reactive to sensory stimuli such as noise, taste, smell, touch and light.

### What does **ID** Stand For

- I** - Intellectual
- D** - Disability